Rachel, at 90 years young, is a writer, producer and director of educational films, as well as a board member for the International Film Bureau of Chicago. Considered to be the first "women television director" in Chicago, her career began in 1940 on the staff of the prestigious national program Quiz Kids. When it moved to television in the 1950's, she learned her television craft from the ground up. In 1953, she was asked to join the planning team of what was to become WTTW-TV. When that station went on the air in 1955, she turned her talents from national programming to writing, producing and "DIRECTING" educational programs for local broadcast. Her Totem Club brought quality production to children's programming. She created To Include Hearing Handicapped Children for both deaf and hearing children. It was the first program to use captioning and other devices to reach the hearing impaired.